

Angels for the Arts Vision Book

A Guide to creating and clarifying your goals

Create Your Vision

This guide is designed to help you gain clarity on your hearts desire so that you can start creating a plan to achieve your goals.

Dreams can become reality

You have dreams.....you have always had dreams, as far back in your life as your memory will take you.

You dream of what you would like to "BE"
You dream of what you would like to "HAVE"
You dream of what you would like to "DO"
You dream of places you would like to "GO"

Deep within you, that small spark of hope is always there. By creating a vision and a process to achieve your goals, you can make your dreams a reality.

To begin the process, Get away from all the distractions of life and choose a totally quiet spot where you are uninterrupted:

- Then ask yourself the what if question: *"If I had UNLIMITED money, time, talent, abilities and support, what would I do with my life".....*
- Now create your Heart's Desire dream list using the list on the following page. Don't evaluate your potential for achieving each item you write. What you write will excite you and inspire you. It will motivate you and most of all it will help you to consider what you would truly love to do.

The first step into turning your dreams into reality is to get those dreams out in front of you where you can see and feel them.

1. Create your Heart's Desire dream list:

"If I had UNLIMITED money, time, talent, abilities and support, I would:

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These processes have been adapted from the book, *Millionaire Mindset – How ordinary People can Create Extraordinary Income* by Gerry Robert. He is a best-selling author whose books can be found at www.awesomebooks.com

2. Pick your number one goal and transfer it to a goal card.

From your Heart's Desire Worksheet, select the #1 most important goal. This is easily determined by asking "Which goal excites me the most" Don't worry about if you know exactly how to achieve the goal at this point, simply which one is most important and exciting to you.

Write out this goal on a 3x5 card and make it specific. For a goal to be effective, you must describe in detail what it will look like. In the book "Think and Grow Rich" Napoleon Hill wrote that this was the secret of all the people he interviewed for the book. He found that without fail, each wealthy person he researched had their main goal written on a 3x5 card. They carried it around and read it often

**Write out your #1 goal in full description,
every day for 30 days.**

If you really want a very powerful way to train your thinking, consider writing your Heart's Desire Worksheet every day for 30 days.

The problem with so many people is that they quit before the mind has actually registered the request, so it's really important to reinforce your desire by writing it out.

3. Determine when you will achieve the goal.

Give it a deadline. Setting a deadline provides something for you to shoot for. If the date is off it can be changed, but are indicators that help you to track your progress.

4. Identify potential obstacles or success blockers

You can count on obstacles. Anything worthwhile in life will have hurdles to conquer. Successful goal setters identify potential problems first before they encounter them. This puts you in a much stronger position to overcome them.

5. List what you need to accomplish your goal

Write out a list of skills you will need to achieve your goal. What this does is force you to see ahead of time the tools you will need to see your dreams come true. Make a list.

6. Consider who can assist you

Identify the resources you will need. Chances are you will require the assistance of certain people to see your dreams fulfilled. Who are they? How should you approach them? Some goals may require the assistance of professional helpers. Once you've given it some thought, you will find that there is much help available for you to accomplish great things.

7. List what benefits this goal will bring you

When you list the benefits of the goal, you stay motivated to stick with it.

8. Write out what has to happen for you to accomplish this goal

Don't expect to achieve your goal without adequate planning. Planning moves things from where they are now to where you want them to be in the future. It translates intention into action. Sit down with a daily planner and schedule when you will work on your goal. Make a plan that is realistic to your situation, but develops an action plan.

9. Get a support system in place to ensure you achieve your goal

Build in accountability factors. If a goal is important and you need help staying focus, perhaps you should make yourself accountable to someone you respect. Find someone who is not afraid to confront you and will honestly hold you to what you agree. You might get together weekly or monthly to review your progress.

10. Move into Action!

List what specific actions you will take in the next 24 hours, week, and month. Make action commitments.

Goal Mastery Work Sheet

Using your #1 Goal and those from your Heart's Desire worksheet, complete your goal mastery worksheet. You can make copies of this worksheet for each of your goals.

Today's Date: _____ Goal # _____

Describe the goal (be specific) <i>The goal I will achieve is.....</i>	
Give it a deadline	
Identify potential obstacles	
List the skills you will need.	
Identify helpful resources	
List the benefits of achieving this goal	
Develop a work plan <i>"Here's what needs to happen for a me to achieve this goal"</i>	

<p>Become accountable</p> <p><i>" I will ask the following people to hold me to this goal"</i></p>	
<p>List your action commitments.</p> <p><i>"I promise to do the following".</i></p>	